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## 5 best beaches in Greece

The Canadian newspaper «Times Colonist» picks up top five Greek beaches. The newspaper states: With so many kilometres of coast line, Greece is blessed with a multitude of beaches so it's hard to rank them, but here are five of the best.

**1. Triopetras: Remote Triopetras**, with its 30-metre-high sand dunes and magnificent sunsets, is considered by locals to be the most beautiful beach in west Crete (foto).

**2. Perissa Beach:** The black lava sand on Perissa Beach in Santorini is so hot that wood planks guide you to rows of



chairs and umbrellas, yet the water is so clear and cool, it's hard to believe that it is an o-

cean. **3. Red Beach:** Set against a backdrop of red volcanic rock

cliffs, it's no wonder that breathtaking Red Beach is one of the most famous beaches in

Santorini.

**4. Kamari Beach:** At Kamari Beach in Santorini, sit under an umbrella or in a boardwalk taverna and watch the daring cliff divers climb the sheer rock face at the far end of the black sandy beach and plunge into the crystal clear water.

**5. Agios Nikolaos:** Follow a narrow, rocky uphill/downhill footpath that hugs the mountainside, past "hippie huts" and eye-popping views, and the reward is Agios Nikolaos — an isolated beach on the island of Folegandros, with tamarind trees and sparkling blue water, that is surely Greece's version of paradise.

## Attack of the killer Greek tomatoes

THERE are tomatoes and then there are serious tomatoes.

Not content with your average 100g tom, Narrawecna gardeners Rosa and Benito Albace have been growing a variety from Greece that produces fruit up to 14cm wide and weigh in at a monumental 800g each.

Mrs Albace, a great-grandmother of nine, said there were plenty of ways to use her mega-crop in traditional Italian food.

"I use the ripe ones for the tomato sauce for spaghetti and the ones that are a bit green for a salad my children like," she said.



**Rosa and Benito Albace with their giant tomatoes.**  
 Picture: ANNIKA ENDERBORG

The secret to growing these super-sized tomatoes is spraying

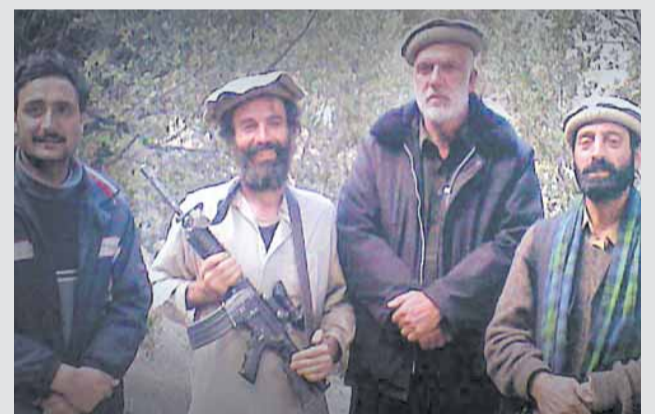
every 15 days or after rain to stop tomato-guzzling grubs getting a free feed.

"It's such a shame when I find worms. But if I find one I throw the whole thing out - I already have enough tomatoes."

While Mr and Mrs Albace aren't sure exactly what the variety is called, it can be found in several northern beaches backyards where the seeds have been sourced by locals returning from overseas trips.

With one tomato being enough for an entire salad and the vines producing around two dozen large tomatoes in the past few weeks, summer for the Albace family looks set to be full of tomato sauce and salad for some time to come.

From The Manly Daily



## Kidnapped Greek a 'guest' of Taliban

CHITRAL: A Greek national, Athanasius Lerounis, who was kidnapped by Taliban from the Kalash valley of Bumburate in October last year, is said to be in good health and has grown a beard, giving him a Taliban look.

A member of a delegation which had visited Nooristan to seek Athanasius's release from the Afghan Taliban told Dawn that the Greek national was in high spirits and his captors were treating him as a 'respected' guest.

He said the delegation was allowed to have a number of meetings with Athanasius, even in seclusion. He was also allowed to pose for a group photo with the delegation, brandishing a Kalashnikov in his hand. "During our long stay in Nooristan, we were served meals by Taliban in the presence of Athanasius."

The delegation members observed that the abducted Greek had cultivated intimacy with his captors. Led by a former union council nazim of Ayun, Abdul Majeed Qureshi, the delegation consisted of Wazirzada Kalash, Musa Khan and Qari Khairatullah.

**Caption: Greek national Athanasius, carrying a Kalashnikov, pictured with a member of a delegation from Kalash valley in Afghanistan**

Article from the Dawn

## Catch Greek-Australian Mate, Zoe Carides in HBO's The Pacific

Zoe Carides-another Greek-Australian mate, exhibits her talents as a film and television actress. Her most popular roles are in the TV series, G.P. as Dr Sonia Kapek, and Grass Roots as Liz Murray. She was born in Sydney to a British mother and Greek Father, where she debuted in several well-known Australian TV shows. Carides' first big movie was in 1991, Death in Brunswick. She later starred in Gino, Brilliant Lies, The Kiss and Police Rescue. Carides joined Lakis Lazopoulos in the independent Australian production of Beware of Greeks Bearing Guns, "Fovou tous Ellines", which was released in 2000 and directed by John Tatoulis. The movie was filmed in Australia and on the island of Crete. Zoe will be premiering on episodes of the new TV series, The Pacific. Stay tuned to the HBO mini-series starting March 14th.

